In 2016, an African dentist ‘Rania Younes’ decided to step out of the homeland and go for a journey of life making, carrying her dreams and motivation. Dr. Rania traveled to Malawi and started her work as a volunteer to help the refugees.

“I used to take part in the local campaigns that was powered by my university in Egypt, and I noticed that most people have a background about the medical field and how to look after their health, even those who are uneducated, we can target them by our local campaigns, but there were other countries, in the deepest part of Africa, a man could die without seeing a doctor even once, so I felt that I must do something, and dentistry was my skill, so I decided to subject my skills to help those people.”

Dr. Rania took part in the UNCHR-campaign in Malawi for treating the refugees who escaped their countries because of the civil wars.

“In my journey to Malawi, I was part of a team of 4 people, there were 3 from England, and I was the only one from Africa, people there welcomed us and were too friendly.”

After 2 years, dr. Rania went for another journey to the islands of Uganda, she helped an English doctor who built a medical center to treat those who suffer from the lack of medical care.

“After my journey to Malawi, I felt that I was a new person, I liked that feeling that I couldn’t describe, so when I got another chance to repeat my journey, I didn’t think twice.”

Being involved with people, hearing from them and even sharing their food, dr. Rania learned a lot of their habits and their way of living.

“"The best way to find yourself is to lose yourself in the service of others." — Mahatma Gandhi

“I was shocked but the nature of Africa made me feel as if I was in a Lion King scene, I noticed how the streets were too clean and how people were too organized even though most of them were uneducated.”

Dr. Rania left her home behind and went to discover new horizons, and for sure when you go for such a journey, you will never be the same person!

“I learned how to be on my own and how to accept others in terms of their religion, color and culture, I only saw the human being within.”

“Most of us always look for money, good food, a good movie to watch in the weekend, but I found that there are many things that are much more important!”

And for sure, volunteering is a duty that we all need to get into, regarding our college degree, our skills or our personality, each one of us has something unique to give to humanity.

“Start from your street, there’s always someone who needs help.”

In the same land we live in, there are people who their only dream is to find a shelter to protect them from the cold nights of winter and a small amount of food to beat their hunger, they didn’t choose to be born, they didn’t choose to be poor, they only ask for what’s said to be their given rights.